

| ランチ | | アレルギー情報 | | | | | | | | | | | | | | | | | | | | 備考 | | | | | | | | | | |
|------------|-------------|-------------|-----|-----|---|-----|----|----|---|----|----|----|----|----|-----|------|------|-----|----|----|-----|----|-------|----------|---------|-----|----|------|---------|----|-----------|---|
| | | えび | こむぎ | たまご | 乳 | 落花生 | 牛肉 | 小麦 | 鮭 | そば | いか | 大豆 | 鶏肉 | 豚肉 | りんご | ゼラチン | やまいも | あわび | そば | かに | くるみ | | アーモンド | マカダミアナッツ | カシューナッツ | バナナ | もも | オレンジ | キウイフルーツ | いか | いくら | |
| そば | そばだし | | | | ○ | | | | | ○ | | | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| | 三枚肉そば | | ○ | ○ | ○ | | | | | ○ | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| | そーきそば | | ○ | ○ | ○ | | | | | ○ | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| | なんこつそば | | ○ | ○ | ○ | | | | | ○ | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| | アーサそば | | ○ | ○ | ○ | | | | | ○ | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| | 野菜そば | | | ○ | ○ | | | | ○ | ○ | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | 蠣 |
| | 子供そば | | ○ | ○ | ○ | | | ○ | ○ | ○ | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| | 花そば | | ○ | ○ | ○ | | | ○ | ○ | | ○ | | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| | とんかつそば | | | ○ | ○ | | | | | ○ | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | |
| | 定食 | ゴーヤチャンプルー定食 | ○ | ○ | ○ | ○ | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | |
| 豆腐チャンプルー定食 | | ○ | ○ | | ○ | | ○ | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | |
| 麩チャンプルー定食 | | ○ | ○ | ○ | ○ | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | |
| 三枚肉丼定食 | | ○ | ○ | ○ | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | |
| グルクン定食 | | ○ | ○ | ○ | ○ | | | | | | ○ | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | |
| チキンから揚げ定食 | | ○ | ○ | ○ | | | | | | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | 唐揚げには卵無使用 | |
| イナムドゥチ汁定食 | | | ○ | | ○ | | | | | | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | |
| 骨汁定食 | | | ○ | | ○ | | | | | | | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | |
| 味噌汁定食 | | ○ | ○ | ○ | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | |
| 和風ハンバーグ定食 | | ○ | ○ | ○ | ○ | | ○ | | | | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | |
| 生姜焼き定食 | | ○ | ○ | ○ | ○ | | | | | | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | |
| 茄子味噌定食 | | ○ | ○ | ○ | ○ | | | | | ○ | | ○ | ○ | | ○ | | | | | | | | | | | | | | | | | |
| タコライス定食 | | | | ○ | ○ | | | | | | | ○ | | ○ | | ○ | | | | | | | | | | | | | | | | |
| ステーキセット | | | ○ | ○ | ○ | | ○ | | | | | ○ | | | ○ | ○ | | | | | | | | | | | | | | | | |
| カレーセット | | | ○ | ○ | ○ | | ○ | | | | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | ○ | | | | | | |
| 美ら花定食 | | | ○ | ○ | ○ | ○ | | ○ | | | | ○ | | ○ | | | | | | | | | | | | | | | | | | |
| 天婦羅刺身定食 | | ○ | ○ | ○ | ○ | ○ | | | | | | ○ | ○ | | ○ | | ○ | | | | | | | | | | | | | | | |
| ひじき(定食一品) | | ○ | | | | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | |
| 一品料理 | クープイリチー | | ○ | | ○ | | | | | | ○ | | ○ | | | | | | | | | | | | | | | | | | | |
| | もずく酢 | | ○ | | | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | |
| | ミスダル | | ○ | | | | | ○ | | | ○ | | ○ | | | | | | | | | | | | | | | | | | | |
| | ミミガーとゴーヤの和物 | | ○ | | ○ | | ○ | | | | ○ | | ○ | | | | | | | | | | | | | | | | | | | |
| | ジーマミー豆腐 | | ○ | | ○ | | | | | | ○ | | | | | | | | | | | | | | | | | | | | ジーマミーは落花生 | |
| | 手羽先 | | ○ | | | | | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | |
| | 豆腐膚 | | | | | | | | | | | ○ | | | | | | | | | | | | | | | | | | | | |
| | 海ぶどう | | ○ | | | | | | | | | ○ | | | | ○ | | | | | | | | | | | | | | | | |
| | ラフテー | | ○ | | | | | | | | | ○ | | ○ | | | | | | | | | | | | | | | | | | |
| ジューシー | | ○ | | ○ | | | | | | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | | |
| デザート | ゴマ団子 | | ○ | | ○ | | | ○ | | | ○ | | | | | | | | | | | | | | | | | | | | | |
| | 黒糖プリン | | | | ○ | ○ | | | | | | | | | ○ | | | | | | | | | | | | | | | | | |
| | 紅芋プリン | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | サーターアンドギー | | ○ | ○ | ○ | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | |
| アイス各種 | | | | ○ | | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | |

※同一製造工程で海老・落花生を含む商品を調理しています